



EPILEPSY

FOUNDATION OF VIRGINIA

PEOPLE REACHED

CONSUMER SERVICES

| | |
|--------------------|-----|
| Support Groups | 59 |
| Art Therapy | 11 |
| HOBSCOTCH | 13 |
| Client Advocacy | 796 |
| Hispanic Outreach | 741 |
| Spring Fun | 214 |
| Camp Fun | 122 |
| HOBSCOTCH Memory | 13 |
| Direct Assistance | 55 |
| Walks, Races, etc. | 541 |
| Tour de Midnight | 461 |

PUBLIC EDUCATION

| | |
|-------------------|---------|
| Traditional Media | 2.8 MIL |
| Web, Social Media | 55,530 |

PROFESSIONAL EDUCATION

| | |
|--------------------|--------|
| In Person Training | 1198 |
| Online Training | 55,795 |

TOTALS: OVER 2.9 M

41 YEARS OF SERVICE TO VIRGINIANS WITH SEIZURES. PLEASE THINK OF US WITH YOUR HOLIDAY DONATIONS AND DURING WORK CAMPAIGNS



84,800
VIRGINIANS LIVE WITH EPILEPSY

PUBLIC EDUCATION

EFVA remains committed to dispelling all the myths around seizures, seizure first aid, and epilepsy in daily interactions. To this end, we spread awareness through TV interviews, webpages, social media, and monthly newsletters. We participate in health fairs in neurology offices with information about epilepsy and the workplace. This year, we've increased our focus on epilepsy and memory. With increased prevalence of misunderstandings with law enforcement, our police training video for epilepsy is available online. Our walks, and especially our Tour de Midnight bike ride, generated a lot of publicity about epilepsy in traditional media around Richmond.

CONSUMER SERVICES


Our walks, races, etc. helped people with epilepsy share their concerns, with over 541 attendees statewide. Spring celebrations had over 214 attendees. Support groups, involving over 62 people across Virginia, meet regularly. Direct assistance went to 55 families, which included new bicycles and helmets, financial, and medication assistance. The Tour de Midnight, our annual bike ride in the Richmond area had 461 participants. Many clients find our online booklets (on www.epilepsyva.com) useful. We hosted HOBSCOTCH Memory courses. Last but not least, the bulk of our work goes into individual advocacy: keeping people in jobs/school, advocating against the stigma of epilepsy, and personal support. We thank all of our volunteers and coworkers and the epilepsy families who are willing to help us.

PROFESSIONAL EDUCATION


We were involved in advocacy about epilepsy to the Virginia Assembly and federal legislatures. EFVA's role in educating daycare centers with the VA Department of Social Services involves learning about epilepsy, administering medications, and safety measures. Dr. Heinan trained Camp Holiday Trails staffers about epilepsy and first-aid. Our services extend to training school personnel and students about epilepsy, for the benefit of client safety and comfort. This year, we have trained 850 police officers. Professional training videos and information were added to our webpage, with over 102,000 views. In addition, we actively train employers of epilepsy heroes and discuss accommodations.

SUDEP INITIATIVE


SUDEP FACTS




SUDEP IS THE SUDDEN UNEXPECTED DEATH OF A PERSON WITH EPILEPSY



APPROXIMATELY 1 IN 1,000 PEOPLE WITH EPILEPSY DIE FROM SUDEP A YEAR



SUDEP IS A LEADING CAUSE OF DEATH IN YOUNG ADULTS WITH UNCONTROLLED SEIZURES, THOUGH LESS COMMON IN CHILDREN




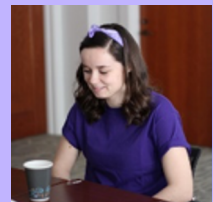
RISK FOR SUDEP INCREASES TO 1 IN 150 FOR PEOPLE WITH POORLY CONTROLLED OR UNCONTROLLED SEIZURES

THE BEST WAY TO PREVENT SUDEP IS TO HAVE AS FEW SEIZURES AS POSSIBLE

S U D E P

SUDDEN UNEXPECTED DEATH IN EPILEPSY







HAMPTON ROADS AREA

| | |
|--------------------|---------|
| Support Groups | 36 |
| Art Therapy | 7 |
| HOBSOTCH | 3 |
| Advocacy | 164 |
| Walks, Races, etc. | 123 |
| Newspaper | 400,000 |
| Training Students | 90 |
| Direct Assistance | 15 |



GREATER RICHMOND AREA

| | |
|------------------------------------|---------|
| Bike Ride | 461 |
| Support Groups | 9 |
| Client Advocacy | 40 |
| Hispanic Outreach | 741 |
| Media Outreach | 1.4 MIL |
| Explaining Epilepsy to Legislators | 115 |



GREATER CHARLOTTESVILLE AREA

| | |
|---|---------|
| Direct Assistance | 6 |
| HOBSOTCH | 10 |
| Individual Advocacy | 325 |
| Camp | 122 |
| Training Fairfax Police | 850 |
| Training Nurses in Charlottesville | 8 |
| Training Bus Drivers in Charlottesville | 16 |
| School Personnel Trainings East | 152 |
| Training EMT in Nelson County | 12 |
| Online Daycare Training with VA DSS | 355 |
| Newsletters | 14,000 |
| Fitness and Awareness Walks | 38 |
| Spring Celebrations | 14 |
| TV Coverage | 500,000 |
| Webpage Views | 15,672 |
| Social Media | 39,858 |
| Online Training Sessions | 55,562 |

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NORTHERN NW VIRGINIA

| | |
|-----------------------------------|---------|
| Individual Advocacy | 202 |
| Direct Assistance | 11 |
| Walks, Picnics, & Coffee Mornings | 21 |
| Purple Cupcakes | 200 |
| Cider Slide | 43 |
| Race for Seizure Freedom | 188 |
| Splash and Dash | 118 |
| Art Therapy | 4 |
| Support Groups | 14 |
| Traditional Media | 500,000 |



SW VIRGINIA

| | |
|-------------------|----|
| Support Groups | 8 |
| Client's Advocacy | 65 |
| Direct Assistance | 16 |

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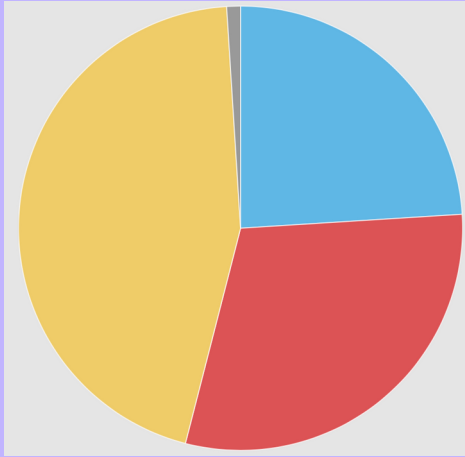
- \$100 buys refreshments for one of the 12 support groups statewide.
- \$150 helps epilepsy heroes through one time medication assistance.
- \$300 buys a bicycle and a helmet so epilepsy heroes can get to work.
- \$1,000 funds over 6 one-a-year emergency assistance for epilepsy heroes.
- \$10,000 funds a complete preventative 'USE A HELMET PREVENT EPILEPSY' campaign.



EPILEPSY FOUNDATION

Virginia

EXPENDITURES



ANNUAL INCOME 555,039

- CLIENT SERVICES 24%
- PROFESSIONAL EDUCATION 30%
- PUBLIC EDUCATION 45%
- MANAGEMENT FUNDRAISING 1%



Upon completion, audit and 990 will be published on www.epilepsyva.com

OTHER (\$1 - \$99):

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