

2021-2022 ANNUAL REPORT

**EFVA
ANNUAL REPORT
2021-2022**



OUR PERFORMANCE

OVERALL

ONLINE

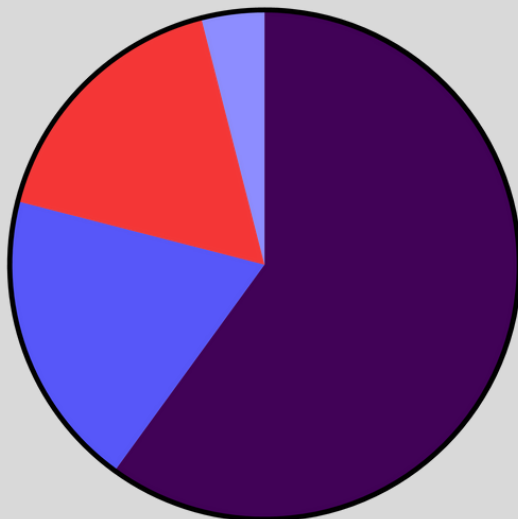
VIRTUAL SUPPORT GROUPS	120
LEGISLATIVE ADVOCACY	155
PAINT NIGHTS	600
EPI EDU	902
WEBSITE	8,247
NEWSLETTERS	10,000
SOCIAL MEDIA	41,406
ONLINE TRAININGS	70,646





IN PERSON

SCHOLARSHIPS	2
AFRICAN AMERICAN OUTREACH	35
IN-PERSON SUPPORT GROUPS	40
HISPANIC OUTREACH	45
DIRECT ASSISTANCE	66
CLINICS	150
SUDEP RESEARCH	200
HEALTH FAIRS, EVENTS	776
CLIENT ADVOCACY	901
TRADITIONAL MEDIA	3,200,000

TOTAL REACHED
3,334,291

EXPENDITURES



	PUBLIC EDUCATION 60%
	PROFESSIONAL EDUCATION 19%
	CLIENT SERVICES 17%
	FUNDRAISING & MANAGEMENT 4%

TOTAL INCOME
\$566,258

OUR PERFORMANCE

BY THE NUMBERS

GREATER RICHMOND

DIRECT ASSISTANCE	17
CLIENT ADVOCACY	177
LEGISLATIVE ADVOCACY	155
TOUR DE MIDNIGHT	600
TRADITIONAL MEDIA	2,100,000



EAST

DIRECT ASSISTANCE	10
CLIENT ADVOCACY	234
PAINT NIGHTS	600
WINTER CONFERENCE	45
IN-PERSON SUPPORT GROUPS	31
TRADITIONAL MEDIA	500,000

SOUTH SOUTHWEST

DIRECT ASSISTANCE	13
CLIENT ADVOCACY	160



NOVA NW

DIRECT ASSISTANCE	14
CLIENT ADVOCACY	183
HISPANIC OUTREACH	45
WINCHESTER RACE	30
HEALTH FAIR	101
VIRTUAL SUPPORT GROUPS	120
IN-PERSON GROUP	9

CHARLOTTESVILLE

DIRECT ASSISTANCE	12
CLIENT ADVOCACY	147
SCHOLARSHIPS	2
AFRICAN AMERICAN OUTREACH	35
CLINICS	150
SUDEP RESEARCH	200
EPI EDU	902
WEBSITE	8,247
NEWSLETTERS	10,000
SOCIAL MEDIA	41,406
ONLINE TRAINING	70,646
TRADITIONAL MEDIA	600,000



PROGRAM HIGHLIGHTS

SCHOLARSHIPS

THE EPILEPSY FOUNDATION OF VIRGINIA AWARDED TWO SCHOLARSHIPS. THE ELIZABETH HART DALTON SCHOLARSHIP WENT TO ADRIANA GOINS AND THE JONATHAN ALAN GIBBS BUSH MEMORIAL SCHOLARSHIP WENT TO ISABELLE GREGORY. THEIR MOVING ESSAYS SHOW HOW MUCH HARDER EPILEPSY HEROES HAVE TO WORK. WE APPLAUD YOU AND CAN'T WAIT TO SEE WHAT YOU WILL DO!

ELIZABETH HART DALTON SCHOLARSHIP



ADRIANA GOINS

JONATHAN ALAN GIBBS BUSH MEMORIAL SCHOLARSHIP



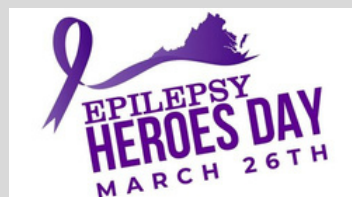
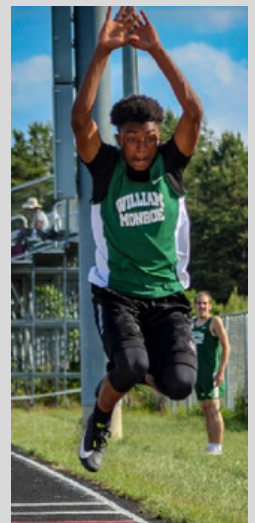
ISABELLE GREGORY

SEIZURE SAFE SCHOOLS

THE VIRGINIA ASSEMBLY PASSED SEIZURE SAFE SCHOOLS LEGISLATION, ALSO KNOWN AS THE JAMIE AND BRIE STRONG ACT, AFTER THE TWO VIRGINIA TEENS AND EPILEPSY HEROES PIONEERED THE LAW'S INTRODUCTION. IT INCLUDES SEIZURE TRAINING REQUIREMENTS FOR SCHOOL PERSONNEL, SEIZURE ACTION PLANS FOR STUDENTS AT SCHOOLS, AND A GOOD SAMARITAN CLAUSE WHEN PROVIDING SEIZURE FIRST AID.

SEIZURE AWARE WORKPLACES

SEIZURE AWARE WORKPLACES LEGISLATION WAS ALSO PASSED, EFFECTIVE JULY 1, 2022. THE DEPARTMENT OF LABOR AND INDUSTRY REQUIRES ALL EMPLOYERS OF 25 OR MORE EMPLOYEES TO PHYSICALLY POST SEIZURE FIRST AID INFORMATION IN A PROMINENT LOCATION OF THE WORKPLACE AND INCLUDES A GOOD SAMARITAN CLAUSE. SEIZURE FIRST AID POSTERS ARE ACCESSIBLE IN SEVERAL LANGUAGES. EFVA ALSO OFFERS FREE SEIZURE FIRST AID TRAININGS UPON REQUEST.



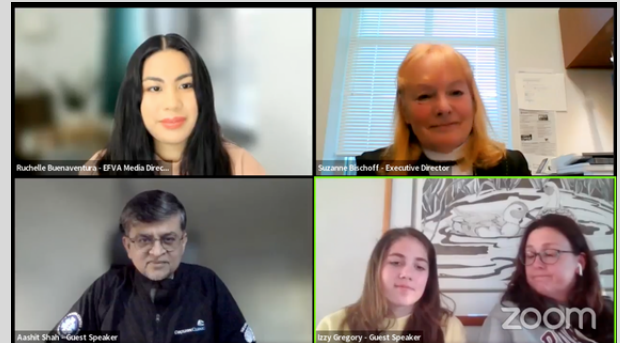
PROGRAM HIGHLIGHTS

EPIEDU

THIS YEAR, WE CONTINUED EPIEDU, OUR VIRTUAL EDUCATIONAL SERIES FOR EPILEPSY WITH A LIVE Q&A FOLLOWING GUEST SPEAKERS VIDEO INTERVIEWS. WE CONTINUE THE PLEASURE OF HOSTING ONLINE WEBINARS SURROUNDING A VARIETY OF TOPICS IN EPILEPSY. WE EXTEND THANKS TO OUR SPEAKERS, SPONSORS, LAUREN SOS, VINCENT BRIGAGLIANO, RUCHELLE BUENAVENTURA, AND SUZANNE BISCHOFF FOR THEIR EFFORTS.



EpiEdu
VIRTUAL EDUCATIONAL SERIES



EDUCATIONAL CONFERENCES

EFVA HOSTED A WINTER EDUCATIONAL CONFERENCE, BY REGIONAL DIRECTOR LOWELL EVANS AND LAUREN SOS OF SKLIFE SCIENCES. WE THANK ALL THOSE WHO ATTENDED, INCLUDING PATIENTS, DOCTORS, AND PHARMACEUTICAL COMPANIES.



PAINT NIGHTS & SUPPORT GROUPS

WE CONTINUED OUR ONLINE PAINT NIGHTS AND SUPPORT GROUPS THANKS TO REGIONAL DIRECTOR LOWELL EVANS. WE LOVE TO CONNECT EPILEPSY HEROES WITH EACH OTHER THROUGH OUR ACTIVITIES.



TOUR DE MIDNIGHT

THE ELIZABETH H. DALTON TOUR DE MIDNIGHT 2021 WAS A SUCCESS! WE LOOK FORWARD TO HOSTING THIS EVENT ANNUALLY. THANKS TO DENNIS AND MISSY TERRY, EFVA BOARD, AND ALL FOR MAKING THIS BIKE RIDE POSSIBLE EVERY YEAR.



THANK YOU DONORS

MAJOR SPONSORS \$10K AND MORE

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Seizure First Aid

How to help someone having a seizure

- 1 STAY** with the person until they are awake and alert after the seizure.
 - ✓ Time the seizure
 - ✓ Remain calm
 - ✓ Check for medical ID
- 2 Keep the person SAFE.**
 - ✓ Move or guide away from harm
- 3 Turn the person onto their SIDE** if they are not awake and aware.
 - ✓ Keep airway clear
 - ✓ Loosen tight clothes around neck
 - ✓ Put something small and soft under the head

Call 911 if...

- Seizure lasts longer than 5 minutes
- Person does not return to their usual state
- Person is injured, pregnant, or sick
- Repeated seizures
- First time seizure
- Difficulty breathing
- Seizure occurs in water

Do NOT

- Do NOT restrain.
- Do NOT put any objects in their mouth.
- Rescue medicines can be given if prescribed by a health care professional



کمک های اولیه تشنج

چگونه به فردی که تشنج دارد کمک کنیم

1. در کنار او بمانید تا بیدار و از تشنج آگاه شود. زمان تشنج را بگیرید. حواستردی خود را حفظ کنید و شناسنامه پزشکی را بررسی کنید.
2. فرد را ایمن نگذارید. حرکت کنید یا از اشیاء مصر دور شوند.
3. اگر فرد بیدار و آگاه نیست، او را به سمت خود بگردانید. راه هوایی را مسدود نکنید. لباس های تنگ دور گردن را گشاد کنید. چیزی کوچک و نرم زیر سر او قرار دهید.
4. چیزی در دهان نگذارید.
5. مهار نکنید.
6. اگر توسط یک متخصص مراقبت های بهداشتی تجویز شود، می توان داروهای نجات را تجویز کرد.

با 911 تماس بگیرید در صورتیکه:

- * تشنج بیش از 5 دقیقه طول می کشد
- * تشنج های مکرر
- * دشواری در تنفس
- * فرد مجروح، یاردار یا بیمار است
- * تشنج تاز اول
- * فرد به حالت غایبی خود بر نمی گردد.
- * تشنج در آب رخ می دهد.

ترجمه شده توسط بنیاد صرع ورجینیا

EPILEPSY FOUNDATION

